

Clinical Exercise Testing Course

Organised jointly by The Pulmonology Divisions of the Universities of Cape Town, Witwatersrand & The University of California, Los Angeles, USA.

20 & 21 February 2009 – Friday & Saturday
The Charlotte Maxeke Johannesburg Academic Hospital, Parktown, Johannesburg

The Division of Pulmonology at Witwatersrand University is hosting a Clinical Exercise Testing Symposium on the 20 & 21 February 2009. Professors Christopher Cooper and Thomas Storer from the University of California, Los Angeles, have for several years presented this very popular course in the USA and England and in May 2008 offered the course at the University of Cape Town Lung Institute, where it was very well attended and received. Professor Cooper is Professor of Medicine and Physiology at the UCLA School of Medicine and Medical Director of the Exercise Physiology Laboratories. Professor Storer is Director of the Exercise Science Laboratories and Pulmonary Exercise and Education Program at the El Camino College. They are visiting South Africa again in February and the course will on this occasion be held in Johannesburg, hosted by the Division of Pulmonology at the Charlotte Maxeke Johannesburg Academic Hospital to provide the opportunity for colleagues in the region to attend. The faculty will include Professors Cooper and Storer and Dr Ricky Raine from the University of Cape Town.

The course programme covers the purpose of exercise testing, protocols and testing methods, normal and abnormal responses, interpretation, exercise prescription, and exercise testing in a number of clinical conditions including COPD, cardiac and pulmonary vascular disease. There is an emphasis on, illustrative case presentations, demonstrations and hands-on opportunity to use the exercise testing equipment. Course notes and exercises will be provided, and attendees may, if they wish, purchase a copy of Professors Cooper and Storer's book on exercise testing which will be on sale at the course.

This is a rare opportunity to experience clinical exercise testing with experts in the field. The course is suitable for Respiratory and General Physicians, Clinical Technologists, Sports Scientists and others interested in Exercise Testing in a clinical setting.

The course will begin at 09h30 on Friday 20 February, and end on 15h30 on Saturday 21 February to facilitate travel from other centres.

The course fee is R1500 for Medical Doctors and R700 for Registrars, Scientists, Technologists and other professional categories. Course fees include the cost of lunches and teas, and course materials. Since space is limited, early registration is advised to avoid disappointment. The Cape Town course was fully subscribed, confirming the demand for the course.

For further details of the **Course Programme** contact Professor Charles Feldman on 011 488 3840 or to register for the course contact the **Course Organiser**:

Sue McGuinness Communications & Event Management
Tel: 011 447 3876 • Fax: 011 442 8094
Email: suemc@icon.co.za • www.pulmonology.co.za